

Bariatrics in Safe Patient Handling

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Webinar Objectives

- ▶ SPH Challenges of the Bariatric Patient
- ▶ Terminology
- ▶ Physical Demands Specific to the Bariatric Patient
- ▶ Patient Assessment
- ▶ SPH Solutions



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SPH Challenges of the Bariatric Patient

- Inherent
 - The body is not always where it seems
 - Patient discomfort and pain
 - One size fits none
 - Intermittent Engagement of staff
 - Perfection is unlikely
 - Turning
 - Psycho-social (patient and staff)
- Medical Complexities
 - Fluid retention and overload and dependent edema
 - Skin vulnerability
 - Vitals and respiration
 - Immobility – dependent edema

Inherent Challenges

- The body is not always where it seems
 - Nature of moving tissue
- Patient discomfort and pain: Our Perception
- Psycho-social (patient and staff)
- One size fits none
- Intermittent Engagement of staff
- Perfection is unlikely
- Turning



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Medical Complexities (Simply Put)

- Fluid retention / overload
 - Impacts positioning, weight, skin and organ performance
- Skin vulnerability
 - Impacts on wound-care, precautions, turn and positioning systems
- Vitals and respiration
 - Impacts on clearance to adjust patient positioning: head up, rotation, UE use
- Vascular complications (profusion)
 - Related to all categories especially to organ performance and fluid retention
- Immobility – dependent edema, cover above and larger picture considerations including managing mobility after discharge



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Terminology

- ▶ Safe Patient Handling
- ▶ Bariatric
- ▶ Adipose tissue
- ▶ Girth – PHOTO
- ▶ Bariatric Bed
- ▶ Air Transfer Device:
- ▶ Lifts
 - Portable
 - Ceiling Mounted
 - Portable Frame



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Physical Demands / Risk Factors / Exposures

- General: Patient Handling
 - Repetition
 - Static Postures
 - Reaching with Forward Flexion
 - Awkward Postures
- Task Specific Risk Factors
 - Boosting
 - Lateral Transfer
 - Rolling
 - Peroneal Care
 - Wound Care
 - Radiology / Blood Draw
 - Short Sitting / Legs Dangling
 - CODE



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Patient Assessment

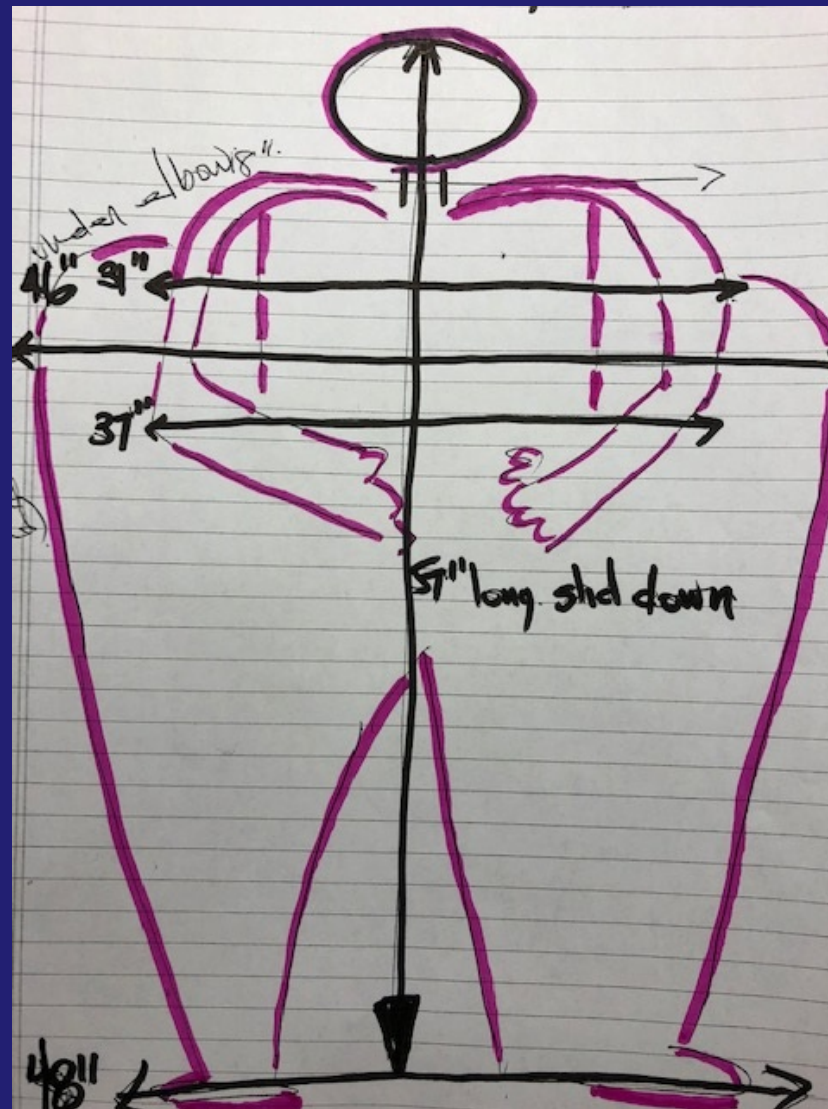
- General – Including medical condition and complications
 - Prior level of function before this event
 - Estimated Weight
 - Height
 - Shape
 - Girth: at the widest point**
- Positional tolerance
- Ability to assist with mobility
- Ability to use UEs
- Ability to use LEs



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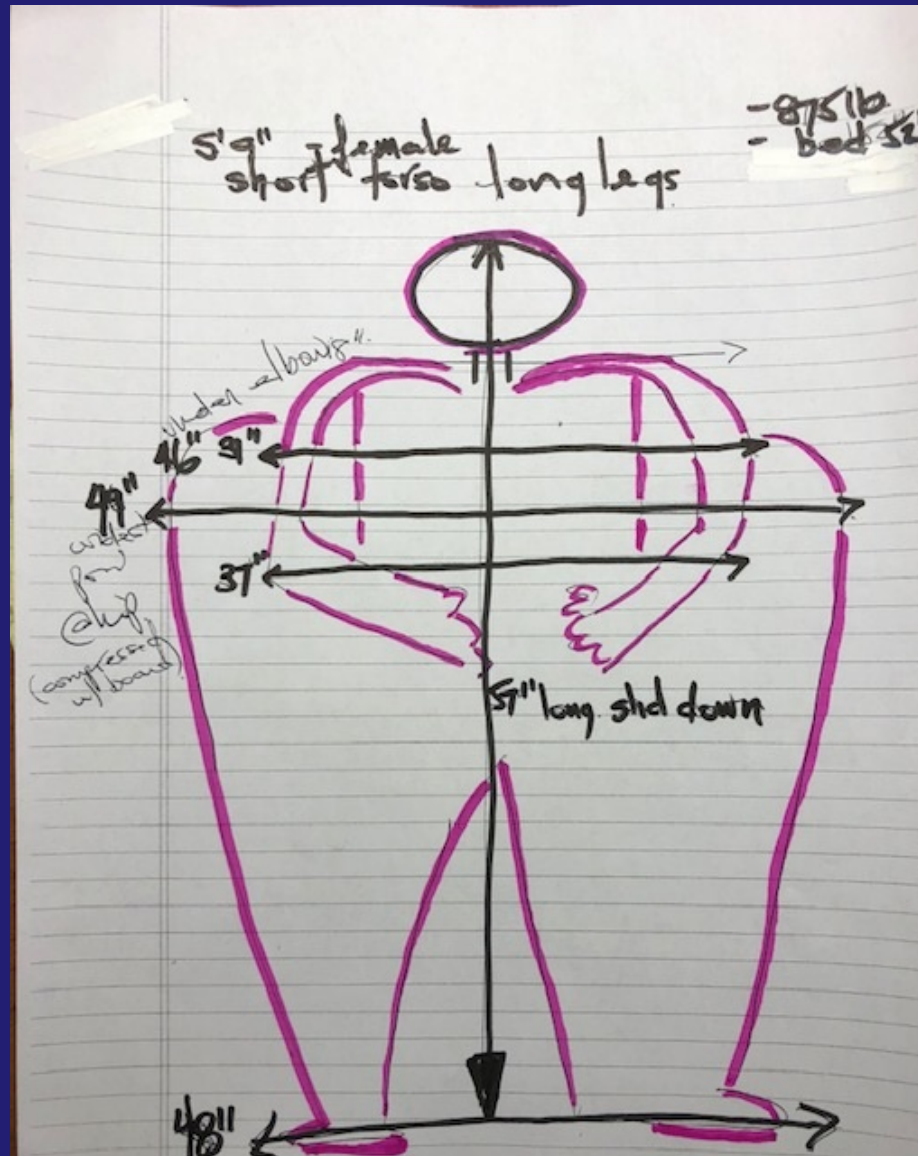
Schematic "Girth"



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Patient Measurements



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Patient Measurements



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SPH Solutions

1- Equipment / Devices

2 - Work Behaviors

- teaming

- leading

- pacing

3 - Methodology

- Operations / Technology: EPIC (MSHS)

 - Flagging

 - BPA

 - Order Sets



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SPH Solutions: Equipment and Devices

- Surfaces
- Repositioning / Positioning
 - Repositioning Sheets
 - Booties

Transfer Devices

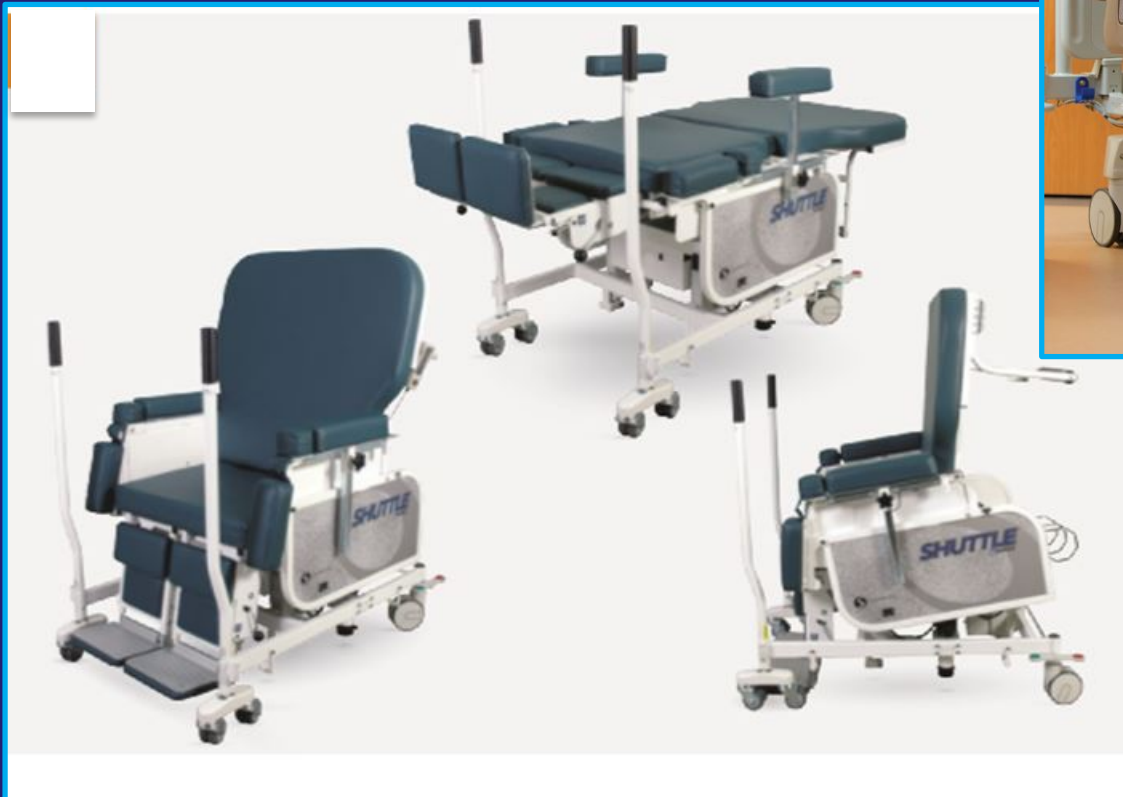


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SPH Solutions: Equipment and Devices

- Surfaces
 - Beds -
 - Stretcher Chairs

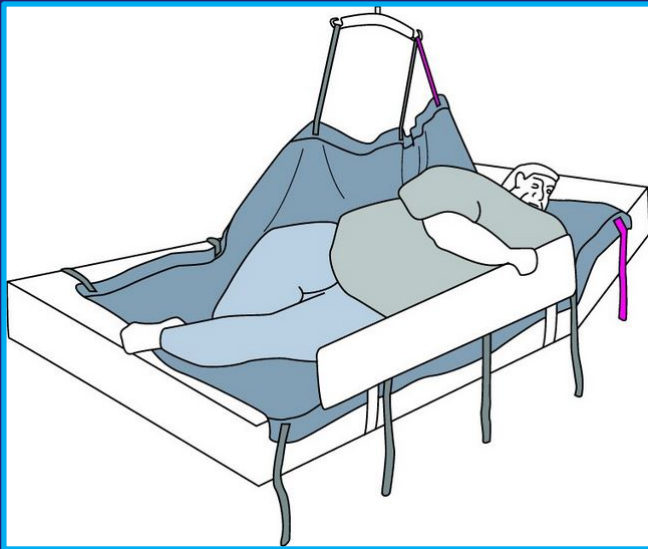


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SPH Solutions: Equipment and Devices

- Repositioning / Positioning
 - Repositioning Sheets
 - Booties
 - Repositioning Slide Tubes



SPH Solutions: Equipment and Devices

Transfer Devices

- Lifts: Ceiling / Temp Install / Portable
- Air Transfer Devices



SPH Solutions: Equipment and Devices

Transfer Devices

- Lifts: Ceiling / Temp Install / Portable
- Air Transfer Devices



SPH Solutions: Healthcare Worker Behaviors

- “Do first, think later” mentality
- What is a true off load of pressure?
- How does care staff pace themselves?
- Relay exertion
- Stretches
- Monitoring Fatigue
- Team Communication



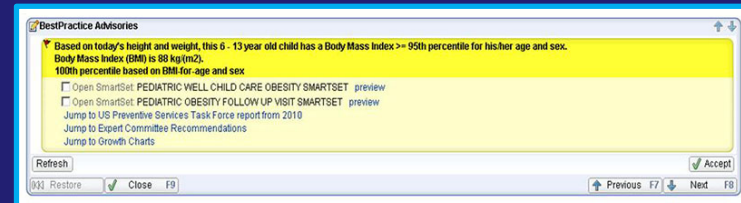
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SPH Solutions

Operationalizing a Methodology

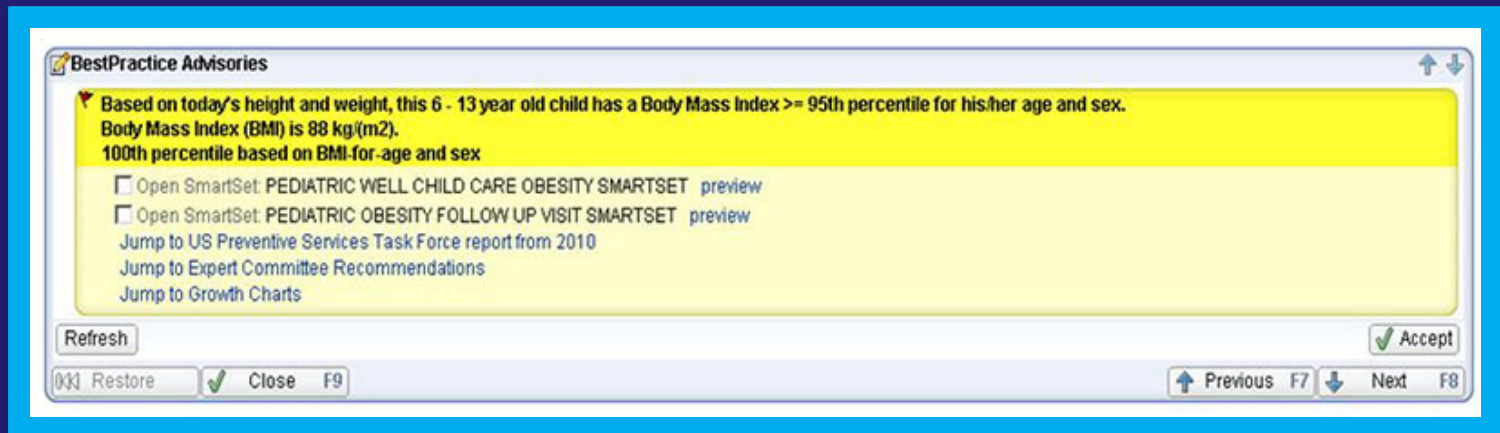
- EMR (in our case EPIC) Tools
 - Flagging – Step Weight BMI
- BPA
- Order Sets
- Bari Response Cart



EPIC: Best Practice Advisory (BPA)

A decision support system that triggers a reminder or warning during clinician workflows.

- Patient is Bariatric Level XXX
- Complete Bariatric Patient Order Set
- Contact XXX



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Order Set: EMR

Order sets provide simultaneous ordering of all necessary components associated with effective clinical care.

They are efficient for the prescriber and can lead to better care.

EPIC ORDER SET: PRESSURE ULCER PREVENTION

The screenshot displays the EPIC EMR interface for a "Pressure Ulcer Prevention" order set. The interface is titled "EPIC ORDER SET: PRESSURE ULCER PREVENTION". At the top, there are navigation options: "Select/Release Sign and Hold Orders", "Select Pending Orders", "New Order", "Clear All Orders", and "Next". Below this, there are fields for "Order mode" and "Providers", along with "Sign & Hold" and "Sign Orders" buttons. The main section is titled "Pressure Ulcer Prevention Orders (Order if Braden is equal to OR less than 18)" and includes an "Add Order" button. The order set is organized into sections: "General", "Nursing", "SJB Speciality Mattress", "Consults", and "Additional Orders". The "Nursing" section includes checkboxes for "Optimize nutrition", "Manage moisture", and "Minimize pressure", each with associated routine instructions. The "SJB Speciality Mattress" section includes a checkbox for "SJB Speciality Mattress (not currently orderable in eSummit for SJB)" and a "Bed Algorithm-SJB" link. The "Consults" section includes checkboxes for "Ancillary (GS LM PMC SET SJ SJB S-JL S-JM SMG SVB)" and "Wound / Ostomy Eval & Treat". The "Additional Orders" section includes a "Click the Add Order button to add an order in this section" and an "Add Order" button. At the bottom, there are navigation options: "Close", "Previous", and "Next".



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Aggregating: Bari Response Cart

- Gown
- Bari BP cuff
- Bedpan
- SPU Slide Sheet for Skin
- SPU Air Transfer device
- Instruction on device usage (laminated tips card)
- Slide Tubes
- Non SPU Slide Sheets
- Sling for Portable Lift: 2 sizes
- XL Heel Protectors
- Step Stools (2-4)
- CPR instructions: BED



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Thank you!

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