

Partners in Healing® Activity Checklist

Labor & Delivery



Patient Name: _____ Partner Name(s): _____ Date (s): _____

Please write in the date & time you completed the task. (Example: 02/01/2018 8:15 a.m.)										
Staff Initials	Core Activities • Core Activities are individualized based on patient and partner needs • They are directed by caregiver team									
	Review medication purposes and check for possible side effects.									
	Obtain ice chips, popsicles, and/or clear liquids per physician's order									
	Measure fluid intake (30 ml = 1 ounce)									
	Get warm blankets as needed									
	Change pads and towels as needed									
	Provide labor support									
	Provide therapeutic labor environment in room									
	Position catheter tubing and urine bag									
	Apply leg squeezers (sequential compression device)									
Staff Initials	Monitor-Related Tasks									
	Plug in cord for blood pressure gauge									
	Plug in external fetal monitor									
	Attach TOCO parts to monitor									
Staff Initials	Body Mechanics to safely lift/position the patient									
	Safely help position the patient (birthing ball, birth positions)									
	Safely help patient on walks in the hall and to the restroom									

Partner Responsibilities

- Understand how to prevent falls.
- Always wash hands before and after touching the patient, when leaving the patient room, and before entering a food room or blanket room.
- Order food for the patient after clarifying daily diet and restrictions with the nurse or dietician.
- Always use the call button to summon help, if a problem arises.
- Wear gloves as needed.
- Call if you need help with equipment (chest tube, IV pole, catheter, oxygen, etc.)

Nurse Responsibilities

- Review the Activity Checklist with Partners and initial those activities that are appropriate.
- Carefully train each Partner to perform the appropriate activities.
- Follow up each shift to ensure the activities are being done correctly.
- After completion, review and sign the Activity Checklist.
- Ask your patient care tech to chart the Activity Checklist information electronically.
- Save the signed Activity Checklist for the patient's medical record.

How to measure what the patient drinks:

Juice container = 120 ml • Milk container = 240 ml • Intermountain cup = 360 ml

Partner Name: _____

Partner Signature: _____

Nurse Name: _____

Nurse Signature: _____

Nurse Name: _____

Nurse Signature: _____

Nurse Initials: _____ Date: _____ Added form to Patient Record

Tech Name: _____ Time Documented in Patient Chart: _____

Do Not Discard This Form

