



New York State  
Partnership  
for Patients



# Progressive Mobility Initiative

Redefining and Targeting Rehabilitation to  
Combat Immobility Harm

NYSPFP Collaboration with Johns Hopkins  
University Medical Center

March 28, 2019

*A partnership of the Healthcare Association of New York State  
and the Greater New York Hospital Association*



# Agenda

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Topic	Speaker
I. Welcome and Introduction	NYSPFP Staff
II. Redefining and Targeting Rehabilitation to Combat Immobility Harm	Michael Friedman, PT, MBA, Director, Rehabilitation Therapy Services  Annette Lavezza, OTR/L Therapy Manager, Hospital Consult Services, Hopkins AMP
III. Next Steps and Closing	NYSPFP Staff
V. Open Question and Answer Forum	All Participants



# NYSPFP Progressive Mobility Initiative

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- Purpose:
  - Promote adoption of progressive mobility programs hospital-wide
- Aim:
  - Accelerate improvement in a broad range of hospital-acquired conditions (HACs) and readmissions that are exacerbated by immobility and deconditioning.
- Target HACs:
  - CAUTI, Delirium, VAE, Falls, Pressure Injuries, Readmissions, VTE, Worker Injuries



# Data

Topic	Primary Measure	Baseline Rate	Comparison Rate	Percent Improvement
<b>CAUTI</b>	CAUTI Rate Per 1,000 Catheter Days	1.31	0.92	29.63%
<b>Delirium</b>	Delirium Prevalence Rate	17.05% (n = 62)	18.58% (n = 43)	-8.99%
<b>Falls</b>	Falls with moderate or greater harm per 1,000 patient days	0.072	0.068	6.01%
<b>Pressure Injuries</b>	Pressure injury prevalence rate ≥ Stage 2 per 100 patients	1.44	1.67	-15.62%
<b>Readmissions</b>	30-Day All Cause Readmission Rate	12.81%	12.63%	1.39%
<b>Safe Patient Handling</b>	Musculoskeletal injuries from patient handling activity per 100 direct care providers	1.44 (n = 39)	1.41 (n = 35)	2.05%
<b>VAE</b>	VAE Rate	4.16	3.82	8.01%
<b>VTE</b>	PSI-12 Post-op VTE	3.71	4.25	-14.48%



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# Johns Hopkins Activity and Mobility Promotion Program Step 4: Redefining and Targeting Rehabilitation to Combat Immobility Harm

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Michael Friedman, PT, MBA

Annette Lavezza, OTR/L



## Next Steps

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- Today's webinar content will be available on the NYSPFP website: [www.nyspfp.org](http://www.nyspfp.org)
- Be on the look out for additional Activity and Mobility Implementation strategies that will help your hospitals implement a systematic approach to combating hospital immobility harm



# Open Q&A Session

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