

NYSPFP ADE Webinar: Results of the ISMP Opioid Self-Assessment

April 16, 2019

A partnership of the Healthcare Association of New York State and the Greater New York Hospital Association



Agenda

Торіс	Speaker
Welcome and Introduction	NYSPFP Staff - Jon Salman, NYSPFP
Background and Review of Aggregate Results	 NYSPFP Staff Jared Bosk, Vice President, Survey and Outcomes Research, GNYHA
Review of Hospital Reports	 Institute for Safe Medication Practices (ISMP) Faculty Allen J. Vaida, Executive Vice President, ISMP Rebecca L. Lamis, Medication Safety Analyst, ISMP
Hospital Report Out	 Upper Allegheny Health System Paul Green Pharm.D., MHA, BCPS, System Director of Pharmacy & Residency Program Director
Q&A Next Steps	NYSPFP Staff - Lynette Mancuso, NYSPFP



NYSPFP Opioid Stewardship Initiative

Background

- CMS recently introduced opioid stewardship as a new initiative being added to the Partnership for Patients
- NYSPFP believes that opioid stewardship is a key initiative in the support of the efforts to achieve a culture of safety

Goals

- Develop a hospital driven opioid stewardship program
- Promote judicious opioid prescribing in both the inpatient and outpatient setting
- Develop a means to improve, monitor and evaluate the use of opioids in the hospital and in outpatient settings
- Develop protocols and processes to support and protect patients from harm caused by opioid treatment
- Promote the use of non-opioid alternatives for pain management



ISMP Medication Safety Self Assessment® for High-Alert Medications (Current)

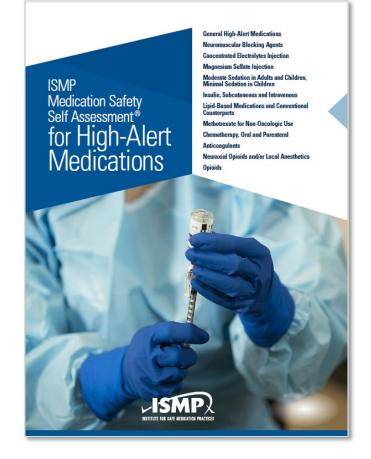
Self-Assessment Tool

Help providers assess the safety of systems and practices associated with up to 11 categories of high-alert medications

- Heighten awareness
- Identify and prioritize
- Create a national baseline

High-Alert Medications

Medications bearing a heightened risk of causing significant patient harm when used in error





ISMP Sections and Scoring

Opioids section

- 92 individual items
- 19 sub-sections
- · Each section has between 1-12 items

Response Options (same for all items)

- · There has been no activity to implement this item
- This item has been formally discussed and considered, but it has not been implemented
- This item has been partially implemented for some or all patients, orders, drugs, or staff
- This item is fully implemented for some patients, orders, drugs, or staff
- This item is fully implemented for all patients, orders, drugs, or staff

Scoring

- Items weighted so that "items with the highest maximum weighted scores have the greatest impact on safety because there is clear, documented evidence or expert consensus regarding their effectiveness"
- Maximum scores range from 2-12 points



Review of Aggregate Results and Discussion



Hospital Respondents

46 Total Respondents



Region	Count
NYC	21
Long Island	6
Metro- New Rochelle	6
Central NY	6
Buffalo	3
Rochester	2
Capital District	2

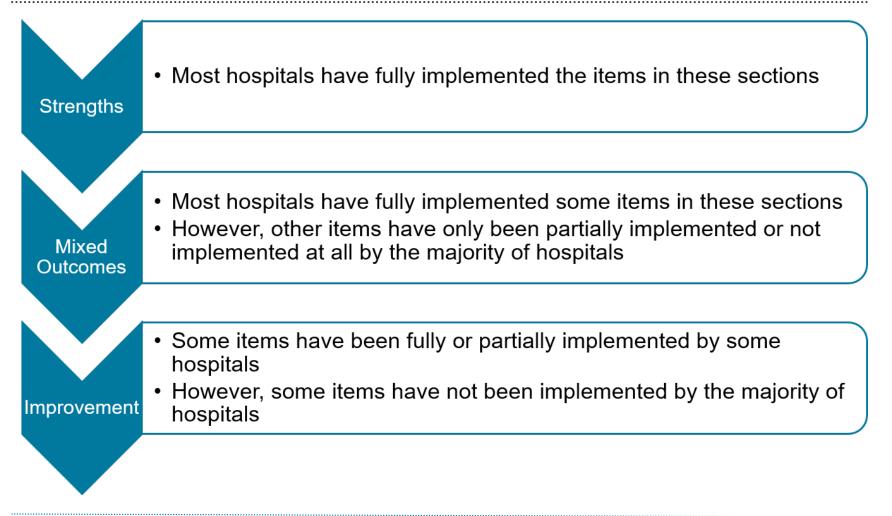
Region

Bed Size

Bed Size	Count
Up to 25 beds	3
26 to 99 beds	6
100 to 299 beds	16
300 to 499 beds	10
500 beds and over	11



High-Level Findings





Strengths

Dispensing

 Almost all hospitals use commercially available opioid IV infusions or prefilled syringes/bags for IV PCA, when available

Storage

- Most hospitals follow storage best practices including:
 - · Separation of highly concentrated from usual-strength opioids;
 - · Separation of extended-release from immediate-release opioids;
 - Only stocking highly concentrated opioids in the pharmacy and limited patient care areas (unit-dose only)
- Some hospitals, however, do not stock morphine and HYDROmorphone in differentiating strengths outside of the pharmacy to avoid mix-ups

Products Used

Most hospitals standardize concentrations of continuous IV opioid infusions to a single concentration per drug



Strengths, Continued

Opioid Transdermal Patches

- Most hospitals have a consistent process for the application, documentation, verification, and disposal of opioid transdermal patches
- Most hospitals provide verbal and written instructions on key items to patients being discharged with a new prescription for an opioid transdermal patch

Addiction and Abuse

- Most hospitals:
 - Access the PDMP
 - · Have effective systems to identify and deter drug diversion
 - Do not withhold adequate pain treatment from patients with a current or previous history of addiction

Reversal Agents

• The majority of hospitals have ensured that guidelines exist to rescue a patient with unintended advancing sedation and/or respiratory depression, have resuscitation equipment and naloxone readily accessible, and monitor patients after naloxone administration



Strengths, Continued

Patient Education

- Most hospitals provide written and verbal information to patients about pain management and safe opioid use on a variety of topics such as the effects of taking too much medication, the impact on motor and cognitive functioning, and avoidance of central nervous system depressants
- However, many do not include information on how to obtain naloxone from a retail pharmacy

Patient-Controlled Analgesia (PCA)

- Almost all hospitals require that PCA is initially prescribed with a standard order set. However, for some the order set does not include important information on dosing, patient opioid status, and monitoring and rescue guidelines.
- While almost all hospitals have patient selection criteria established which excludes certain patients, fewer ensure that PCA basal infusions are not used initially in opioid-naïve patients
- Not all hospitals educate patients and family members on the dangers of individuals other than the patient activating the PCA button



Mixed Outcomes

Patient Monitoring

- Most hospitals have strong nursing assessment processes prior to, during, and after opioid administration
- However, fewer hospitals have fully implemented technology to monitor patients, including continuous pulse oximetry or a reliable method of measuring the adequacy of ventilation and airflow

Patient Assessment

- Hospitals display mixed results in using a validated standardized sedation scale to assess and detect unintended advancing sedation
- Hospitals show similar mixed results around assessing patients for an opioid transdermal patch or implanted drug delivery system upon admission
- However, few hospitals have fully implemented a standard process to determine whether a patient is opioid-naïve, opioid-tolerant, high-risk, or displaying aberrant drug-related behaviors



Improvement

Protocols, Guidelines, and Order Sets

- Many hospitals have protocols and guidelines to guide practitioners when prescribing, preparing, dispensing, and administering opioids
- However, these protocols and guidelines do not often contain all of the specific information they should. Many hospitals are specifically missing information around dosing guidelines that differentiate between opioid-naïve, opioid-tolerant, and high-risk patients, managing patients with aberrant drug-related behaviors, and tapering and discontinuing opioids to avoid withdrawal symptoms.

Staff Competency and Education

 Few hospitals have fully implemented educational programs (containing all important topics) at least once a year for all practitioners who care for patients receiving opioids. While some topics are covered more than others, few hospitals cover all of them.



Improvement, Continued

Extended Release, Long-Acting, and High-Dose Opioids

 The majority of hospitals have not implemented a process to verify that a patient is opioid-tolerant with chronic pain before dispensing either extendedrelease/long-acting opioids or high-dose opioids

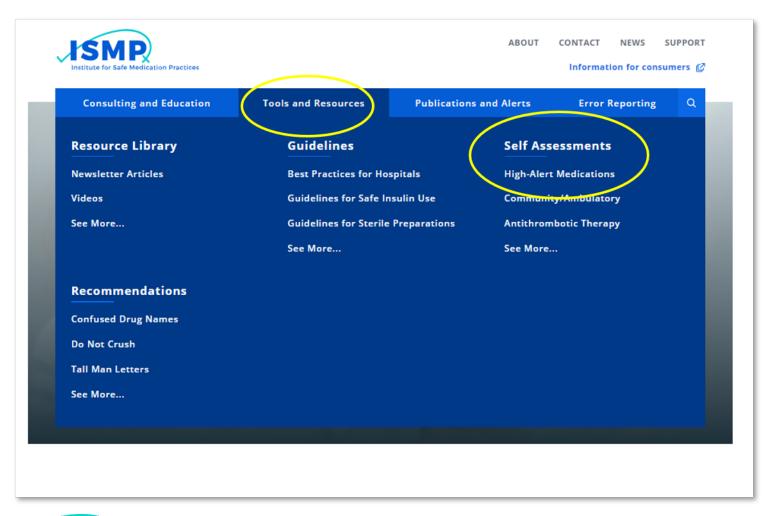
Prescribing

 Few hospitals have fully implemented CPOE systems that default to the lowest initial starting dose and frequency, and include alerts for patient-specific dose adjustments or are prescribed other sedating medications



Review of ISMP's Hospital Reports

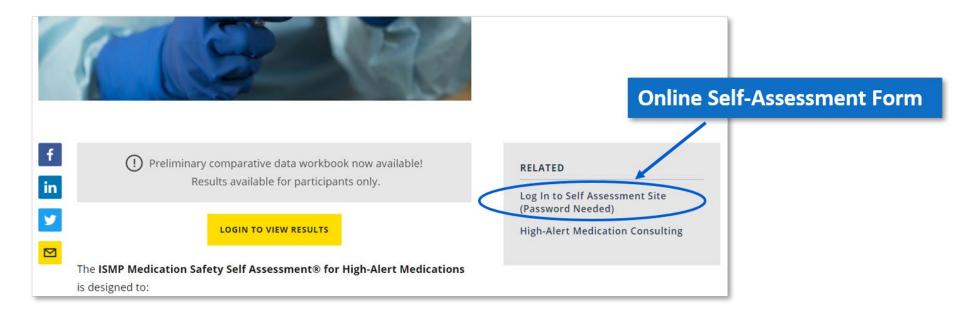
ISMP Website (www.ismp.org)





High-Alert Self Assessment Webpage

(www.ismp.org/assessments/high-alert-medications)





Online Self-Assessment Form

(https://ismpassessments.org/high_alert/)



ISMP Medication Safety Self Assessment® for High-Alert Medications

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Neuromuscular Blocking Agents Concentrated Electrolytes Injection Magnesium Sulfate Injection Moderate Sedation in Adults and Children, Minimal Sedation in Children Insulin, Subcutaneous and Intravenous Lipid-Based Medications and Conventiona Counterparts Methotrexate for Non-Oncologic Use Chemotherapy, Oral and Parenteral Anticoagulants Neuraxial Opioids and/or Local Anesthetics Opioids

General High-Alert Medications

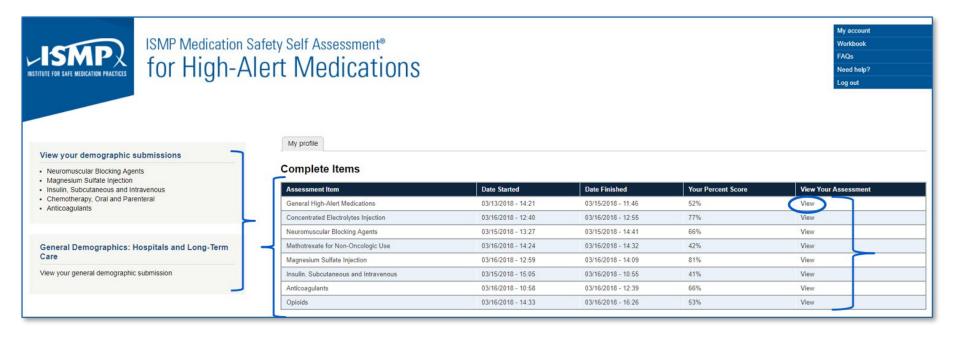


Log in below to view your facility's results.





Your Hospital's Results ("My Account")





Your Hospital's Results



ISMP Medication Safety Self Assessment® for High-Alert Medications

General High-Alert Medications

You have completed the General High-Alert Medications self-assessment items. To access the demographics and self-assessment items for the 11 targeted High-Alert Medications, please click here. To view your general high-alert medications results at any time, click on "My account" in the top-right corner.

You got 327 of 446 possible points.

Your score: 73%

Technology		
I). <u>COMPUTERIZED PRE</u>	SCRIBER ORDER ENTRY systems are used to transmit nonemergent orders for high-alert medications in all settings in the facility (e.g., emergency departments, post-anesther	sia care units, clinics, inpatient units)
Your answer	Choice	Score
	A. There has been no activity to implement this item.	0
	B. This item has been formally discussed and considered, but it has not been implemented.	0
	C. This item has been partially implemented for some or all patients, orders, drugs, or staff.	0
)	D. This item is fully implemented for some patients, orders, drugs, or staff.	9
	E. This item is fully implemented for all patients, orders, drugs, or staff.	0





Hospital Report Out



Question & Answer



Next Steps



NYSPFP Programming & Support

- NYSPFP Opioid Resources
 - NYSPFP Opioid Safety webinars
 - Reducing Adverse Drug Events Related to Opioids (RADEO) Implementation Guide
- Project Manager support
- NYSPFP Opioid Stewardship programming
 - Collaborate with National Quality Forum (NQF)
 - Host 3-5 state wide in-person conferences
 - Utilize NQF's Opioid Stewardship Playbook
 - Identifies seven fundamentals to promote opioid stewardship
 - NYSPFP will provide hospitals printed and electronic copies of the NQF Playbook