

Mitigating Risk Factors for Readmission



High-risk Factors for Readmission Patient Tracking Tool

Patient name: _____

Medical record #: _____ **Date admitted/transferred to unit:** _____

Patient location prior to unit admission/transfer:

ED	Critical care
Home	SNF
Physician office	Other

First risk assessment completed (check one):

Within 24 hours	More than 48 hours after admission
Within 48 hours	No record

Identified patient care partner (check one): Yes No

Contact information: _____

RISK FACTOR CATEGORY	RISK FACTOR(S) IDENTIFIED	DISCIPLINES RESPONSIBLE FOR ADDRESSING THE RISK (OPTIONAL: PURPOSE OF REFERRAL)	WAS A TIMELY REFERRAL MADE TO THE RESPONSIBLE DISCIPLINE?		WAS THE RISK FACTOR ADDRESSED AS PLANNED?
			(YES/NO)	(WITHIN _HRS)	(YES/NO)
			Yes No		Yes No
			Yes No		Yes No
			Yes No		Yes No
			Yes No		Yes No

RISK FACTOR CATEGORY	RISK FACTOR(S) IDENTIFIED
Medications	Polypharmacy (more than five medications) High-risk medications
Psychosocial barriers	Patient lives alone Patient lacks care partner support Requires assistance for activities of daily living Requires home care or LTC services/equipment Environmental challenges at home (i.e., stairs)
Financial barriers	Uninsured Limited or no medication coverage Post-hospital care placement or services Affordability of food and basic goods
Clinically complex (e.g., multiple chronic diseases or treatments)	Requires extensive education Requires extensive coordinated care across the continuum Disease management Requires specialty services Four or more hospital admissions within a 12-month period
Limited patient understanding and/or health literacy	Having a disability Language barriers Hearing, vision, speech limitations Health literacy limitations Cognitive problems Very young or very old
Nutritional limitations	Diet restrictions Fluid management History of non-adherence
Mental health or substance abuse history	Currently in treatment for mental health/substance abuse issues Previously received treatment for mental health/substance abuse issues
Palliative care	Currently receiving palliative care services Potentially eligible for palliative care services